

The Paris Conference.

All hotel arrangements are made for the party of 40 in Paris, and it will be divided into three, the hotels all being in the same street. Care has been taken to have friends located in the same hotel.

In reply to a number of nurses, who have written us this week, we should advise them to obtain hotel coupons from Thos. Cook and Son, Chief Office, Ludgate Circus, E.C. Ask for "Cook's Independent Tickets to Paris" card, and then choose hotel.

HOTEL ACCOMODATION.

Cook's hotel coupons are accepted at the following hotels in Paris:—

Ordinary Series. (A) *Plain breakfast, dinner, and bed*, 8s. (B) *Meat breakfast, dinner, and bed*, 8s. 9d. (C) *Plain breakfast, lunch, dinner, and bed*, 10s. 6d.

Hotel du Louvre, Rue de Rivoli.

Hotel Dominici, 7, Rue Castiglione.

Hotel Magenta, 129, Boulevard Magenta.

Hotel de Calais, 5, Rue des Capucines.

Hotel Lord Byron, 16, Rue Lord Byron.

Hotel Malesherbes, 26, Boulevard Malesherbes.

Hotel Burgundy, 8, Rue Duphot.

Special New Series, 7s. 6d. per day. *Plain breakfast, lunch, dinner, and bed.*

Hotel Prince de Galles, 24, Rue d'Anjou.

Hotel Londres et Milan, 8, Rue St. Hyacinthe.

Hotel du Pas de Calais, 59, Rue des Sts. Peres.

Hotel des Tuileries, 10, Rue St. Hyacinthe.

Hotel Prince Albert, 5, Rue St. Hyacinthe.

We can highly recommend the Pension kept by Miss Parmiter, 5, Rue des Pyramides, costing about 35 francs a week, but arrangements must be made at once, as it is so popular.

For those who do not object to sharing a bedroom with a friend, the Hotel des Tuileries, 10, Rue St. Hyacinthe is good. We know of several nurses who will be there for the Conference.

TICKETS.

The Conference Tickets, price 1 franc (10d.) are now ready, and can be procured from Miss Breay, 431, Oxford Street, London, W. Please enclose stamp for reply.

THE NATIONAL BADGE.

The Badge to be worn by members of affiliated Societies and Leagues appeared in our last issue, page 325. It is to be made of white satin ribbon, one inch wide, and embroidered "Great Britain and Ireland." English nurses to embroider the words in rose colour (the rose), Scottish nurses in mauve (the thistle), Irish nurses in green (the shamrock).

We hope to have a price for these Badges from Messrs. Garrould by next week, so that they can be obtained by those who have not time to make them.

Notices.

CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this Journal—those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest.

Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

THE SOCIETY FOR THE STATE REGISTRATION OF TRAINED NURSES.

Those interested in the efficient organisation of nursing should procure the Annual Report of the Society for the State Registration of Trained Nurses from the Hon. Secretary. Six copies, post free, 7d., or one copy 1½d. It gives a brief review of the history of State Registration.

All those desirous of helping on the important movement of this Society to obtain a Bill providing for the Legal Registration of Trained Nurses can obtain all information concerning the Society and its work from the Hon. Secretary, 431, Oxford Street, London, W.

Those nurses who are working on behalf of the above Society, and are endeavouring to spread knowledge as to its aims, may be glad to know that they can now obtain a Memorandum, giving briefly the reasons why Registration is necessary, from the Hon. Secretary, 431, Oxford Street, London, W. Price 6d. for 20 copies.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page xii.

Building Body and Brain.

One of the most important discoveries of late is the application of the right kind of food to rebuild the lost substances of the body, thrown off by active, nervous work.

Careful investigation by experts in food and dietetics, has brought out the fact that albumen is acted upon by phosphate of potash, not such as obtained in drug stores, but such as is found in certain parts of the field grains in most minute particles, arranged in Nature's laboratory, not man's.

The part of the grains containing phosphate of potash is used in the manufacture of Grape-Nuts food. With Grape-Nuts, therefore, the active, nervous, pushing brain-worker can feed the body with food that goes directly to the rebuilding of the broken-down grey matter in the brain, solar plexus, and nerve centres all over the body. He thus obtains a definite result, which he can feel and know of, and which is apparent to his friends.

A vigorous brain and nervous system is of the greatest importance to any business man or brain worker, and is surely built up by a regular daily use of Grape-Nuts.—Advt.

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